

Estudio Propio: **EXPERTO EN ANTICONCEPCIÓN PARA ATENCIÓN PRIMARIA**

Código Plan de Estudios: **EP51**

Año Académico: **2021-2022**

<b>ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:</b>							
CURSO	Obligatorios		Optativos		Prácticas Externas	TFM/Memoria/Proyecto	Créditos Totales
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	18	1					18
2º							
3º							
<b>ECTS TOTALES</b>	<b>18</b>	<b>1</b>					<b>18</b>

<b>PROGRAMA TEMÁTICO:</b>				
<b>ASIGNATURAS OBLIGATORIAS</b>				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706276	1	MANEJO DE LA ANTICONCEPCIÓN EN ATENCIÓN PRIMARIA	OB	18

Carácter: OB - Obligatoria; OP – Optativa

GUÍA DOCENTE

Año académico	2021-2022	
Estudio	Experto en Anticoncepción para Atención Primaria (EP51)	
Nombre de la asignatura	MANEJO DE LA ANTICONCEPCIÓN PARA ATENCIÓN PRIMARIA	
Carácter (Obligatoria/Optativa)	Obligatoria	
Créditos (1 ECTS=25 horas)	18	
Modalidad (elegir una opción)		Presencial
		Semipresencial
		On-line
	x	A distancia
Profesor/a responsable	M <sup>a</sup> Jesús Cancelo Hidalgo	
Idioma en el que se imparte	Castellano	

**PROFESORES IMPLICADOS EN LA DOCENCIA**

ÁNGEL MARTÍNEZ MARTÍNEZ  
 ENRIQUETA BARRANCO  
 ESTHER DE LA VIUDA  
 EZEQUIEL PÉREZ CAMPOS  
 FÁTIMA LEÓN  
 FERNANDO ABELLÁN  
 FRANCISCA MARTÍNEZ  
 INMACULADA PARRA  
 ISABEL RAMÍREZ  
 JOAQUÍN GARCÍA CERVERA  
 JOSÉ M<sup>a</sup> MARI JUAN  
 JOSÉ VICENTE GONZÁLEZ  
 M<sup>a</sup> JESÚS ALONSO  
 M<sup>a</sup> JESÚS CANCELO  
 M<sup>a</sup> JOSÉ PUENTE  
 M<sup>a</sup> ANGELES GÓMEZ MARTÍNEZ  
 MACARENA QUESADA  
 MARTA CORREA  
 MARTA LEGORBURU  
 MERCEDES HERRERO  
 MODESTO REY  
 NICOLÁS MENDOZA  
 NURIA PARERA  
 PALOMA LOBO  
 RAFAEL SÁNCHEZ BORREGO  
 SERGIO HAIMOVICH  
 SILVIA TAPIADOR

<b>DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)</b>	
Número de horas presenciales/on-line asistencia profesor/a	150
Número de horas de trabajo personal del estudiante	300
Total horas	450

<b>CONTENIDOS (Temario)</b>
<p>SITUACIÓN ACTUAL DE LA ANTICONCEPCIÓN EN ESPAÑA Y EUROPA  MITOS EN ANTICONCEPCIÓN  ANATOMÍA DEL APARATO GENITAL FEMENINO Y MASCULINO  PRINCIPIOS ACTIVOS EN ANTICONCEPCIÓN Y REPRODUCCIÓN  PAPEL DE LAS HORMONAS EN LA SEXUALIDAD  REGULACIÓN DEL CICLO MENSTRUAL  FARMACOCINÉTICA Y FARMACODINAMIA DE AH  HISTORIA DE LA ANTICONCEPCIÓN  MÉTODOS NATURALES Y MÉTODOS BARRERA  ANTICONCEPCIÓN HORMONAL COMBINADA  ANTICONCEPCIÓN CON SOLO GESTÁGENOS  ANTICONCEPCIÓN INTRAUTERINA  ANTICONCEPCIÓN DE URGENCIA  DOBLE MÉTODO  ANTICONCEPCIÓN QUIRÚRGICA FEMENINA Y MASCULINA  GENERALIDADES SOBRE LOS BENEFICIOS DE LOS MÉTODOS ANTICONCEPTIVOS  INTERACCIONES MEDICAMENTOSAS EN TRATAMIENTOS HABITUALES  CME. CONFERENCIA DE CONSENSO SEC  ASESORAMIENTO ANTICONCEPTIVO (Requisitos para la anticoncepción)  ASESORAMIENTO ANTICONCEPTIVO EN ITS  ASESORAMIENTO ANTICONCEPTIVO EN LA ADOLESCENCIA  ASESORAMIENTO ANTICONCEPTIVO EN LA PERIMENOPAUSIA  ASESORAMIENTO ANTICONCEPTIVO EN POSTPARTO Y LACTANCIA  ASESORAMIENTO ANTICONCEPTIVO POST-ABORTO. ESTRATEGIAS PARA EVITAR ABORTOS DE REPETICIÓN  ASESORAMIENTO ANTICONCEPTIVO EN ALTERACIONES DE LA HEMOSTASIA Y PATOLOGÍA  CARDIOVASCULAR  ASESORAMIENTO ANTICONCEPTIVO EN ENDOCRINOPATÍAS  ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON OBESIDAD  ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON HIPERANDROGENISMO/ SOP  ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA GENITAL Y MAMARIA BENIGNA  ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA DIGESTIVA  ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON CÁNCER GINECOLÓGICO Y NO GINECOLÓGICO  ATENCIÓN EN SITUACIONES DE VIOLENCIA DE GÉNERO  DIVERSIDAD CULTURAL Y SSR Y ANTICONCEPCIÓN  ANTICONCEPCIÓN Y CALIDAD DE VIDA  ASPECTOS LEGALES EN ANTICONCEPCIÓN Y SSR. CASOS CLÍNICOS  ANTICONCEPCIÓN EN TIEMPOS DE PANDEMIA  CASOS CLÍNICOS</p>

### COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- EL ALUMNO ESTARÁ CAPACITADO/A PARA ASESORAR EN ANTICONCEPCIÓN A LA USUARIA QUE LO DEMANDE EN SU PRÁCTICA CLÍNICA DIARIA.
- EL ALUMNO ESTARÁ CAPACITADO/A PARA REALIZAR LA ANAMNESIS, HISTORIA CLÍNICA Y EXPLORACIÓN EN ANTICONCEPCIÓN
- EL ALUMNO ESTARÁ CAPACITADO PARA ASESORAR A LA USUARIA SOBRE LOS RIESGOS, BENEFICIOS Y POSIBLES EFECTOS SECUNDARIOS EN ANTICONCEPCIÓN.
- EL ALUMNO ESTARÁ CAPACITADO/A PARA RESOLVER LAS DUDAS MÁS FRECUENTES SOBRE ANTICONCEPCIÓN A LA USUARIA DE ANTICONCEPCIÓN.

### EVALUACIÓN

EXAMEN TIPO TEST

### BIBLIOGRAFÍA

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Accesible en

<http://www.un.org/en/development/desa/population/publications/pdf/family/trendsContraceptiveUse2015Report.pdf>

United Nations Population Division. Department of Economic and Social Affairs. World Contraceptive Use 2018

Accesible en :

<http://www.un.org/en/development/desa/population/publications/dataset/contraception/wcu2018.shtml>

Contraception Atlas Accesible en: <https://www.contraceptioninfo.eu/node/7>

Who Model List of Essential Medicines 20th List (March 2017) Accesible en:

[https://www.who.int/medicines/publications/essentialmedicines/20th\\_EML2017.pdf?ua=1](https://www.who.int/medicines/publications/essentialmedicines/20th_EML2017.pdf?ua=1)

ECEC accesible en: <http://www.ec-ec.org/emergency-contraception-in-europe/emergency-contraception-availability-in-europe/> (31-1-2017)

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- la 5ª ed, Criterios médicos de elegibilidad para la elección de método anticonceptivo  
[http://apps.who.int/iris/bitstream/10665/181468/1/9789241549158\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/181468/1/9789241549158_eng.pdf?ua=1). Medical Eligibility Criteria for contraceptive use <http://www.who.int/rhl/es/> OMS. La biblioteca de Salud Reproductiva  
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#### **POSIBLE ADAPTACIÓN CURRICULAR POR CAUSA DE FUERZA MAYOR (COVID-19, ETC.)**